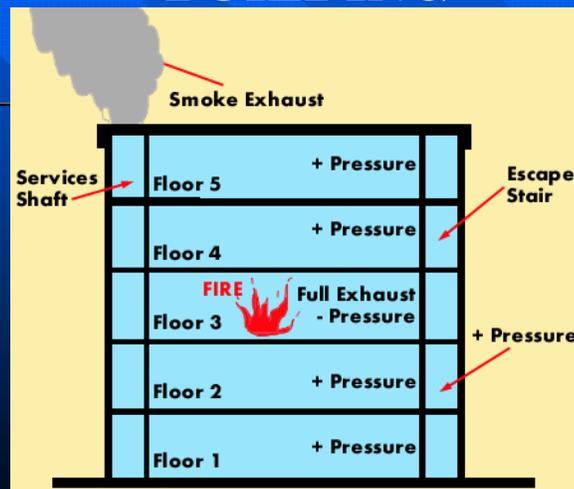


# HERE ARE SOME PROCEDURES TO FOLLOW SHOULD A FIRE OCCUR IN YOUR HIGH RISE BUILDING



## ***REMEMBER . . . "YOUR SAFETY IS YOUR RESPONSIBILITY"***

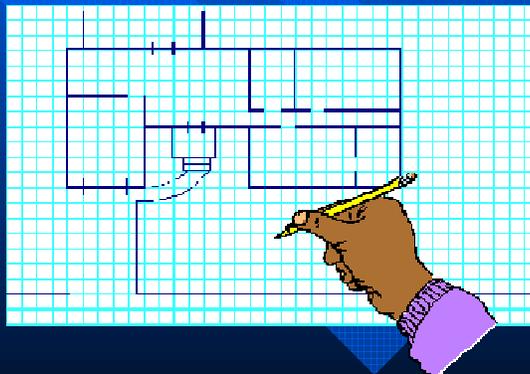
- You can increase your chance of surviving a fire by being prepared and doing the right thing in an emergency.
- Take the time to become familiar with your surroundings, and to plan your escape in the event of fire. If a fire starts, follow the tips in this brochure and, ABOVE ALL, stay calm!

## IF YOU WORK OR LIVE IN A HIGH- RISE BUILDING

- **EXITS:** Find the location of your two closest exits, and be familiar with the path of travel to them.
- **ALARM:** Identify the location of the nearest fire alarm. Know what the fire alarm sounds like, and how to call 1-6-0 for help.

## IF YOU WORK OR LIVE IN A HIGH- RISE BUILDING

- **EVACUATION PLAN:** Be familiar with the emergency evacuation plan for your building.



## IF YOU WORK OR LIVE IN A HIGH- RISE BUILDING

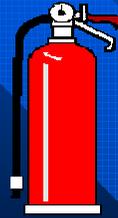
- **FIRE EXTINGUISHERS:** Know where to find them, know how and when to use them.
- **FIRE DRILLS:** Practice them as a matter of habit; you may not realize that a REAL EMERGENCY exists.

## IF YOU DISCOVER A FIRE

- **FIRE ALARM:** Pull the nearest fire alarm to warn others of the fire danger; NEVER IGNORE AN ALARM.
- **CALL 1-6-0:** Reporting the fire immediately, or call from a nearby phone. Know your building address, and speak calmly and clearly.

## IF YOU DISCOVER A FIRE

- **EXTINGUISHMENT:** If the fire is small, extinguish it. If it is spreading, GET OUT and close the door behind you.



## IF YOU DISCOVER A FIRE

- **EVACUATE:** If there is no smoke, walk quickly to the nearest exit. If there is light smoke, stay low and crawl to the nearest exit. Remember, alternate exits and never evacuate to the roof; go down and out of the building.
- **ELEVATOR:** NEVER use an elevator in a fire emergency. An elevator might stop at the fire floor or malfunction. Always use the stairs.

**IF YOU DECIDE NOT  
TO EVACUATE OR  
YOU ARE TRAPPED,  
CREATE AN AREA OF  
REFUGE**

- **SEAL THE ROOM:** Use wet clothing or towels to stuff around cracks in doors and seal up vents. Close doors and protect yourself against smoke.
- **USE WATER:** Keep a wet cloth over you nose and mouth, breath through your nose only. Wet down walls, doors and windows.

**IF YOU DECIDE NOT  
TO EVACUATE OR  
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CREATE AN AREA OF  
REFUGE**

- **SIGNAL FOR HELP:** Call 1-6-0 or building management for help, if you have no phone, signal at the window for help.
- **DO NOT BREAK WINDOWS:** Flames and smoke can travel back to you from the outside. If you need air, open the window a crack; be ready to close it immediately.
- **DON'T JUMP:** Wait to be rescued, if you are above the 2<sup>nd</sup> floor. By remaining calm, you increase your chances of survival!

# 10 TIPS For Fire Safety

## 1. Install Smoke Detectors

- **SMOKE DETECTORS** can alert you to a fire in your home in time for you to escape, even if you are sleeping. Install detectors on every level of your home and outside each sleeping area. The Fire Bureau also recommends sleeping with your door closed, and installing a detector within each bedroom for added protection. Test detectors every month, following the manufacturer's directions, and replace batteries once a year, or whenever a detector "chirps" to signal low battery power
- **Never** "borrow" a smoke detector's battery for another use -- a disabled detector can't save your life. Replace detectors that are more than ten years old.

# 10 TIPS For Fire Safety

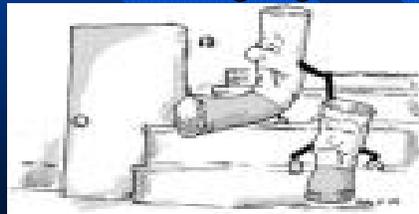
## 2. Plan Your Escape From Fire

- **IF A FIRE BREAKS OUT** in your home, you have to get out fast. To prepare, sit down with your family and agree on an escape plan. Be sure that everyone knows at least two unobstructed exits -- doors and windows -- from every room. (If you live in an apartment building, do not include elevators in your escape plan.) Decide on a meeting place outside where everyone will meet after they escape. Have your entire household practice your escape plan at least twice a year.

## 10 TIPS For Fire Safety

### 3. Keep an Eye on Smokers

CARELESS SMOKING is the leading cause of fire deaths . Never smoke in bed or when you are drowsy. Provide smokers with large, deep, no-tip ashtrays and soak butts with water before discarding them. Before going to bed or leaving home after someone has been smoking, check under and around cushions and upholstered furniture for smoldering cigarettes.



## 10 TIPS For Fire Safety

### 4. Cook Carefully

- NEVER LEAVE COOKING unattended. Keep cooking areas clear of combustibles and wear clothes with short or tight-fitting sleeves when you cook. Turn pot handles inward on the stove, where you can't bump them and children can't grab them. If grease catches fire in a pan, slide a lid over the pan to smother the flames and turn off the heat source. Keep lid on until pan is completely cooled.

## 10 TIPS For Fire Safety

### 5. Give Space Heaters Space

- **KEEP PORTABLE AND SPACE heaters** at least three feet (one meter) away from anything that can burn. Keep children and pets away from heaters and never leave heaters on when you leave or go to bed.



## 10 TIPS For Fire Safety

### 6. Matches and Lighters -- Tools, Not Toys

- **IN A CHILD'S HAND** matches and lighters can be deadly. Buy child-resistant lighters and store all matches and lighters up high, where kids can't see or reach them, preferably in a locked cabinet. Teach your children that matches and lighters are tools, not toys, and should be used only by adults or with adult supervision. Teach small children to tell a grownup if they find matches or lighters; older children should bring matches and lighters to an adult immediately.

## 10 TIPS For Fire Safety

### 7. Cool a Burn

RUN COOL WATER over a burn for 10 to 15 minutes. If the burned skin blisters or is charred, see a doctor immediately.

## 10 TIPS For Fire Safety

### 8. Use Electricity Safely

- IF AN ELECTRIC APPLIANCE smokes or has an unusual smell, unplug it immediately, then have it serviced before using it again Replace any electrical cord that is cracked or frayed. Don't overload extension cords or run them under rugs. Don't tamper with your fuse box or use improper-sized fuses.



## 10 TIPS For Fire Safety

### 9. Crawl Low Under Smoke

- DURING A FIRE, smoke and poisonous gases rise with the heat. The air is cleaner near the floor. If you must escape through smoke, crawl on your hands and knees to the nearest exit, keeping your head 12 to 24 inches (30 to 60 cm) above the floor.

## 10 TIPS For Fire Safety

### 10. Stop, Drop, and Roll

- IF YOUR CLOTHES CATCH FIRE, don't run. Stop where you are, drop to the ground, cover your face with your hands, and roll over and over to smother the flames.
- Finally, automatic sprinkler systems will control most fires before fire fighters ever arrive. Consider installing a system in your home.

***"Your safety is your responsibility"***